



## PREPARATIONS

All meals and refreshments are provided. No cash is required at camp. Mobile signal is sometimes effected by the cloud cover. You may want some cash for the Paluma pay phone or a light meal to and from if travelling a long distance.

Sleeping quarters are heated, include showers, bathrooms and electricity. Bunks have a mattress.

Please pack all items in a single bag. No loose items that could get lost.

## WHAT TO BRING

- Y Sleeping Bag or Blankets & Pillow
- Y Pajamas
- Y Socks & Underwear
- Y Sportswear: Shorts & Jeans, T Shirts and Sweatshirts. Comfortable clothes for sports activities. *(Be prepared for wet to hot weather).*
- Y Shoes *(Closed shoes are best for most of the event. The grounds are grassy and can be damp on occasion. Sandals are not suitable for many of the team building exercises)*
- Y Warm Jacket or Light Rain Coat
- Y Bath Towel and wash cloth (none are provided)
- Y Toiletries *(Shampoo, Soap, Deodorant, Razor, Toothbrush, Toothpaste, Comb/Brush, Blow-dryer, etc..)*
- Y Water Bottle
- Y Flashlight
- Y Camera (cell phone cameras are not to be used)
- Y Lip Balm, Insect repellent & Sun Screen

## WHAT NOT TO BRING *(Will be collected and returned after camp)*

- Y Cell Phones *(Attendees may keep their cell phone in the cabin, but are not allowed to use it unless specifically given permission to do so. Allowances are limited to RYLA contacting their family members under counselor supervision).*
- Y ipods, ipads, Gaming Devices, etc.
- Y Radio, Television/DVD Players
- Y Inappropriate clothing for a professional and academic environment.
- Y Alcohol/Drugs
- Y Food. (Small qty - personal sweets OK)
- Y Knives - Weapons *(of any sort).*